



as at 27/02/2024



## Museums, churches and exhibitions

### MIK Museum im Kapitel in Innichen / San Candido

#### OPENING TIMES

on request (only groups)

#### CONTACTS

Via Atto 2  
I-39038 Innichen / San  
Candido  
ph: (+39) 0471 972912  
e-mail: info@candimus.com

### DoloMythos – The world heritage’s museum in Innichen / San Candido

#### OPENING TIMES

daily 8 am – 7 pm  
25.12.2023 closed

#### CONTACTS

Via P.-P.-Rainer 11  
I-39038 Innichen / San Candido  
ph: (+39) 0474 913 462  
URL: www.dolomythos.com  
e-mail: info@dolomythos.com

#### PRICES (17.11. – 07.01.2024 free entry)

Adults € 14.00  
Children 4-14 € 8.00  
Children (up to 4 years) free  
Seniors (60+) € 12.00  
Students (up to 27 years) € 12.00

Groups (min. 15 people) € 10.00

Family ticket  
(parents + children up to 14 years old) € 34.00

### Bunker Museum in Innichen / San Candido – Toblach / Dobbiaco

#### OPENING TIMES

groups on request: ph: (+39) 349 8767196

#### PRICES

www.bunkermuseum.net

#### CONTACTS

Via Pusteria 19  
I-39034 Toblach / Dobbiaco  
Innichen / San Candido  
ph: (+39) 349 8767196  
URL: www.bunkermuseum.net  
e-mail: dolomiten.bunkermuseum@gmail.com

### Natural Park House Toblach / Dobbiaco

#### OPENING TIMES

27.12. – 30.03.2024  
TUE – SAT: 9.30 am – 12.30 pm / 2.30 – 6 pm  
closed on all public holidays and on 31.12.2023

#### CONTACTS

Via Dolomiti 1  
I-39034 Toblach / Dobbiaco  
ph: (+39) 0474 973 017  
e-mail: info.dz@provinz.bz.it

#### FREE ENTRY

### Cheese Dairy “Tre Cime“ in Toblach / Dobbiaco

#### OPENING TIMES

TUE – SAT 8 am – 7 pm  
SUN 10 am – 6 pm  
MON closed

#### CONTACTS

Via Pusteria 3/C  
I-39034 Toblach / Dobbiaco  
ph: (+39) 0474 971 300  
URL: www.3zinnen.it  
e-mail: info@mondolattetrecime.com

#### PRICES

per person without consumption € 5.00  
per person with tasting (small) € 8.00  
per person with tasting (big) € 10.00

**Group discount min. 10 people**

per person without consumption	€ 4.50
per person with tasting (small)	€ 7.50
per person with tasting (big)	€ 9.50
per person with cube tasting (without drinks)	€ 6.00
children up to 8 years without consumption	free

Each tasting is served with bread and includes a drink.

The tour is accessible by wheelchair.

The best time to visit is from Tuesday to Friday 8 am to 13 pm, as all production processes are visible at this time.

### Visiting the biomass – Educational trail in the district heating plant of Toblach / Dobbiaco

**OPENING TIMES**

26.12. – 31.03.2024      MON – FRI      9 am – 5 pm

**CONTACTS**

Via Stazione 8  
I-39034 Toblach / Dobbiaco  
ph: (+39) 0474 973 214  
URL: [www.fti.bz](http://www.fti.bz)  
e-mail: [info@fti.bz](mailto:info@fti.bz)

**FREE ENTRY**

### Visitor Center “Haus der Berge”

**OPENING TIMES**

MON – FRI      9 am – 6 pm

**ENTRY:** free**CONTACTS**

Via Dolomiti 45a  
I-39030 Sexten / Sesto  
ph: (+39) 0474 710 310  
E-mail: [info@sexten.it](mailto:info@sexten.it)

### Nativity museum Stabinger at the Hotel Mondschein / Luna in Sexten/Sesto

**OPENING TIMES**

16.12. - 07.04.2024      WED - SUN      8 am – 12 pm  
Other times on request

**ENTRY:** free / Groups upon request**CONTACTS**

Via Dolomiti 5  
I-39030 Sexten / Sesto  
ph: (+39) 0474 710 322  
URL: [www.hotelmondschein.com](http://www.hotelmondschein.com)  
e-mail: [info@hotelmondschein.com](mailto:info@hotelmondschein.com)

### Exhibition “Traces of history“– “Bellum Aquilarum“ in the old primary school of Sexten / Sesto

**OPENING TIMES**

16.12.- 06.04.2024      TUE, THU, SAT 4 pm – 6 pm  
26.12.2023 & 06.01.2024      closed

**ENTRY:** free / Groups upon request**CONTACTS**

Via della Chiesa 9  
I-39030 Sexten / Sesto  
URL: [www.bellumaquilarum.it](http://www.bellumaquilarum.it)  
e-mail: [info@bellumaquilarum.it](mailto:info@bellumaquilarum.it)

### Visiting churches in the pedestrian zone of Innichen / San Candido

The Collegiate Church Innichen / San Candido (dome):	daily 8 am – 6 pm
The parish church “Hl. Michael”:	daily 8 am – 6 pm
The Franciscan Monastery:	daily 8 am – 6.30 pm (MO mornings closed) Visiting the cloister is not possible.

### Visiting churches in Sexten / Sesto – Moos / Moso

The parish church with “Totentanz” frescoes:	daily 7 am – 7 pm
St. Josef’s church in Moos:	daily 7 am – 7 pm



### Visiting churches in Toblach / Dobbiaco, Aufkirchen / Santa Maria and Wahlen / San Silvestro

The parish church "Hl. Johannes der Täufer" in Dobbiaco/Toblach: daily 7.30 am – 5 pm  
 The pilgrimage church in S. Maria/Aufkirchen: daily 7 am – 5 pm  
 The parish church "Hl. Nikolaus" in S. Silvestro/Wahlen: daily 8 am – 5 pm

### Visiting churches in Niederdorf / Villabassa

The parish church "Hl. Stephanus": daily 8.30 am – 5 pm  
 Anna chapel and the chapel of rest: daily 8.30 am – 5 pm  
 Spitalkirche zur Hl. – Dreifaltigkeit church: variable opening hours

### Visiting churches in Prags / Braies

Chapel-of-ease of the Suffering Redeemer in Schmieden/Ferrara: daily 8 am – 7 pm

## Shopping in the Holiday Region 3 Zinnen in the Dolomites

### OPENING TIMES

Generally speaking the exact opening times are shown at each shop entrance  
 MON – FRI 8.30/9 am – 12/12.30 pm & 3 pm – 7 pm  
 SAT: 8.30/9 am – 12 pm  
 SUN and public holidays closed, exceptions are shown

Bakeries, butchers and Alpine dairies open between 7 am and 8.30 am, however in the afternoons they close earlier.

## Swimming, sauna, wellness

For a complete overview of the wellness resorts in the Holiday Region 3 Zinnen in the Dolomites please contact the tourist offices.

### Alpin Erlebnisbad ACQUAFUN in Innichen / San Candido

#### OPENING TIMES SWIMMING POOL

27.10. – 14.04.2024  
 MON, THU, FRI: 2.30 – 8 pm  
 TUE & WED: day off  
 SAT & SUN: 10.30 am – 8 pm

#### OPENING TIMES SAUNA

27.10. – 14.04.2024  
 MON, THU, FRI, SAT, SUN: 3– 9.30 pm  
 TUE & WED: day off

#### PRICES

[www.acquafun.com](http://www.acquafun.com)

#### CONTACTS

Via M.-H.-Hueber 2  
 I-39038 Innichen / San  
 Candido  
 ph.: (+39) 0474 916 200  
 URL: [www.acquafun.com](http://www.acquafun.com)  
 e-mail: [info@acquafun.com](mailto:info@acquafun.com)

### Caravan Park Sexten / Sesto

#### OPENING TIMES SWIMMING POOL

SAT – WED 10 am – 8.30 pm  
 THU - FRI 10 am – 9.30 pm

#### OPENING TIMES SAUNA

MO - WED 1 pm – 8.30 pm  
 DO – FR 1 pm – 9.30 pm  
 SA – SO 11 am – 8.30 pm

#### CONTACTS

Via St. Josefstraße 54  
 I-39030 Sexten / Sesto  
 ph.: (+39) 0474 710 444  
 URL: [www.caravanparksexten.it](http://www.caravanparksexten.it)  
 e-mail: [info@caravanparksexten.it](mailto:info@caravanparksexten.it)



## Sports and leisure

### Fitness Studio Acquafun Active in Innichen / San Candido

**OPENING TIMES**

daily 7 am – 9.30 pm

**PRICES**

upon request

**CONTACTS**

Schäfer Stefan  
Via M.-H.-Hueber 2  
I-39038 Innichen/San Candido  
Tel. (+39) 342 528 2035  
Website: [www.healthcoach.bz.it](http://www.healthcoach.bz.it)  
E-Mail: [info@healthcoach.bz.it](mailto:info@healthcoach.bz.it)

### Tennis court at the Hotel Union in Toblach / Dobbiaco

**PRICES**

Price per hour € 25.00  
Price per hour with light € 30.00

Open upon request

**CONTACTS**

Via Dolomiti 24  
I-39034 Toblach / Dobbiaco  
ph: (+39) 0474 970 100  
URL: [www.hotelunion.it](http://www.hotelunion.it)  
e-mail: [info@hotelunion.it](mailto:info@hotelunion.it)

### Tennis – Airdome at the “Kurpark” in Niederdorf / Villabassa

**OPENING TIMES**

October until April  
MON – SAT 9.00 am – 10.00 pm  
SUN 9.00 am – 8.00 pm

**CONTACTS**

“Kurpark”  
I-39039 Niederdorf / Villabassa  
ph: (+39) 340 8946194  
URL: [www.tvn.bz/onlinebooking](http://www.tvn.bz/onlinebooking)

### Climbing hall Nordic Arena in Toblach / Dobbiaco

**OPENING TIMES**

Entry with online reservation: <https://login.alpenverein.it/login>

**PRICES**

Day ticket adults € 7.70  
Day ticket AVS € 7.00  
Day ticket 11 – 17 years € 6.05  
Day ticket 0 – 10 years free  
Adult only accompanied free

**CONTACTS**

Via al Lago 16  
I-39034 Toblach / Dobbiaco  
ph: (+39) 0474 972 132  
URL: [www.nordicarena-toblach.it](http://www.nordicarena-toblach.it)  
e-mail: [info@nordicarena-toblach.it](mailto:info@nordicarena-toblach.it)

### Fitness Studio Toblach / Dobbiaco

**OPENING TIMES**

MON – SUN 10 am – 10 pm  
Except rest days and holidays

**PRICES**

€ 5.00

**CONTACTS**

Zona sportiva Gries  
I-39034 Toblach / Dobbiaco  
ph: (+39) 0474 972 529  
ph: (+39) 348 65 49 378

### Ice stadium Toblach / Dobbiaco

**OPENING TIMES**

Here you find the opening hours: [www.sport-toblach.com](http://www.sport-toblach.com)

**PRICES**

children 8 – 13,9 years: € 3,50  
students 14 – 19,9 years: € 4,50  
adults: € 5,20  
skate rental: + € 3,60

**CONTACTS**

Zona sportiva Gries  
I-39034 Toblach / Dobbiaco  
ph: (+39) 0474 972 529  
ph: (+39) 348 65 49 378



## Bowling at the Hotel Nocker in Toblach / Dobbiaco

### PRICES

Price per hour: € 14.00

open from 04.12.2023 – 31.03.2024

### CONTACTS

Via Dolomiti 21  
I-39034 Toblach / Dobbiaco  
ph: (+39) 0474 972 242  
URL: [www.hotel-nocker.it](http://www.hotel-nocker.it)  
e-mail: [info@hotel-nocker.it](mailto:info@hotel-nocker.it)

## Sport Sexten - Tennis

### OPENING TIMES

updated opening hours: [www.sexten.eu](http://www.sexten.eu)

more information upon request

### CONTACT

Waldheimweg 23  
I-39030 Sexten  
ph: (+39) 0474 862 546  
E-Mail: [mariaaaholzer@yahoo.de](mailto:mariaaaholzer@yahoo.de)

## Sport Sexten – Climbing hall & Bouldering

### OPENING TIMES

updated opening hours at [www.sexten.eu](http://www.sexten.eu)

### PRICES

upon request

### CONTACT

Waldheimweg 23  
I-39030 Sexten  
ph: (+39) 0474 862 546  
E-Mail: [mariaaaholzer@yahoo.de](mailto:mariaaaholzer@yahoo.de)

## Fitness Cardio gym in Niederdorf / Villabassa

### OPENING TIMES

[www.asv-niederdorf.it](http://www.asv-niederdorf.it)  
reservation requested

### PRICES

upon request

### CONTACTS

I-39039 Niederdorf / Villabassa  
ph: (+39) 0474 745 022  
URL: [www.asv-niederdorf.it](http://www.asv-niederdorf.it)  
e-mail: [niederdorf@yoseikan.it](mailto:niederdorf@yoseikan.it)